# Live Oak Middle School Menu



Harvest Of The Month: MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

Melons



# Options:

Mac 'n' Cheese

served with a roll

## Welcome Back!!

Let's have a great school year.







Turkey

Sandwich

StayHydrated

Teriyaki Chicken

with veggies

and rice

### **Breakfast Options:**

Please choose one:

Daily Special, Cereal, Yogurt

or a Benefit Bar.

Fruit and milk are included.

### **Lunch Options:**

Tuesday
Daily Special or Burger
Wednesday
Daily Special or Pizza
Thursday
Daily Special or Chicken Sando



Enjoy our		
fresh and delicious		
fruit and vegetable bar		
every day!		
1 % White Milk or Fat Free Chocolate Milk		
_ /		

Breakfast and Lunch - No Charge!	
Vegetarian options are available.	
Student will also receive fruit, vegetables	
and a milk included with their meal.	
Menu subject to change. Thank you for understanding.	

Fiesta Bowl

	and a milk included with their meal.  Menu subject to change. Thank you for understanding.  This institution is an equal opportunity provider.				
	12 Fresh Baked	13 Scrambled Eggs	14 Fruit and Granola	15 Breakfast	16
	Scone X	and Potatoes	Parfait 🏋	Burrito 🗶	Sunrise Pancakes
o	Uncrustable (PB and J)	Quesadilla 🗶	Corny the Corndog	Ready for Spaghetti served with breadstick	Chicken Sandwich
	19	20	21	22	23
	Biscuits 🏋 w/ Sausage Gravy	Breakfast Sandwich 🏋	Fruit and Granola Parfait 🏋	Breakfast Pizza	Cinnamon Rolls
ır	Breakfast for Lunch waffles, sausage links and potatoes	Soft Tacos X made with ground beef	BBQ Rib Sandwich	Butter Chicken with veggies and rice	Galaxy Pizza
	26	27	28 Short Day	29	30
	Fresh Baked Scone	Scrambled Eggs and Potatoes	Fruit and Granola Parfait 🏋	Breakfast Burrito 🏋	Sunrise Pancakes

Hamburger or

Cheeseburger